All-inclusive family cover



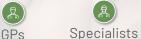
From **R8 172** per month

Day-to-day benefits



Physiotherapy

10% savings account per year









Medicine

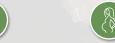


Insured benefits

Once savings account funds are depleted, up to R21700 per year for a family

Added









Preventive care



1GP visit

insured benefits

Contraceptives R2 400/R2 800

10 maternity consultations

2 GP/specialist visits for children under 2 years

Health tests and screenings

R510 self-medication

Activated after completing certain health screenings/tests

Core benefits



Trauma and emergency medical cover



Quality private hospitalisation



Care for 271 PMB diagnoses and all CDL conditions



Specialised radiology in and out of hospital



Quality private hospitalisation Main member

Dependant

MedElite R8 172 (R9 792 savings per year)

(R9 216 savings per year)

Child dependant <26 years

R2 214 (R2 664 savings per year) Pay child dependant rates until your children turn 26



Summary of plan benefits

Monthly contributions Main member R8 172 (R816 savings contribution included per month and R9 792 per year) R7 650 (R768 savings contribution included per month and R9 216 per year)

Child dependant <26 years

0

R2 214 (R222 savings contribution included per month and R2 664 per year)

Children pay child dependant rates until they turn 26

Day-to-day benefits

Other day-to-day benefits

	10% savings available at the beginning of the year (see monthly contributions):	
	Example of available savings:	
Savings account	Member = R9 792 per year Member +1 = R19 008 per year Member +2 = R21 672 per year	
	Unused savings are carried over to the next year and accumulate interest. Once your savings are depleted, insured day-to-day benefits become available.	
Insured day-to-day benefits (available after depletion of your savings)		
Overall annual day-to-day benefit	Member = R14 500 Member +1 = R16 900 Member +2 = R19 300 Member +3+ = R21 700	
GP and specialist visits, virtual consultations, physiotherapy, clinical psychology, psychiatric nursing, and supplementary health services	Member = R3 700 Member +1 = R4 800 Member +2 = R6 000 Member +3+ = R7 200 Subject to annual day-to-day benefit	
Medicine		
Acute medicine	Member = R4 800 Member +1 = R6 000 Member +2 = R7 200 Member +3+ = R8 450 Subject to annual day-to-day benefit	
Non-PMB chronic medicine	Member = R5 700 Member +1 = R6 550 Member +2 = R11 400 Member +3+ = R12 200	

External prostheses and medical appliances	Per person per three-year cycle • Artificial eyes – R8 750 • Speech and hearing aids – R9 750 • Wheelchairs – R7 750 • Artificial limbs – R7 750
	CPAP apparatus - R11 900 per person per two-year cycle
	Medical appliances and hyperbaric oxygen treatment – R1 800 per person
Optometry (PPN network)	Per person per 24-month cycle Eye test R1 135 for a frame/lens enhancements R1 835 for contact lenses
Conservative dentistry (DRC network)	Routine check-ups, fillings, X-rays, and oral hygiene
Specialised dentistry (DRC network)	Crowns, bridges, and orthodontic treatment
Standard radiology	R3 450 per family Subject to annual day-to-day benefit
Pathology (Ampath, Lancet, and PathCare Vermaak)	R3 450 per family Subject to annual day-to-day benefit
Care extender benefit	
One additional GP consultation	Activates for the family once we've paid the first claim for a specified health test* from your added

Important

network pharmacy

R510 for self-medication dispensed at a

This is only a summary of the available benefits and co-payments that may apply to certain benefits. Please consult the registered Rules of Medihelp and the Member guide for more details. In case of a dispute, the Rules of Medihelp will apply (subject to approval by the Council for Medical Schemes). Certain added insured benefits are not available if the patient has registered the medical condition for PMB or chronic medicine benefits, as the treatment is no longer considered as preventive care.

added insured benefits

Activates for the family once we've paid the first claim for a combo health screening** from your

Added insured benefits

Medihelp provides these benefits on top of your insured day-to-day benefits. You can activate them when you register on HealthPrint, Medihelp's free wellness programme for members, on the Member Zone. Your health screening results from Dis-Chem or Clicks will automatically upload to your health record on HealthPrint.

Maternity benefits	Ten antenatal and postnatal consultations at a midwife/GP/gynaecologist Two antenatal and postnatal consultations at a dietician/lactation specialist/antenatal classes Two 2D ultrasound scans Nine months' antenatal iron supplements Nine months' antenatal folic acid supplements
Babies <2 years	Two consultations at a paediatrician/GP/ear, nose, and throat specialist
Child immunisation	Standard immunisation up to seven years
Health screening tests	One combo health screening (blood glucose, cholesterol, BMI, and blood pressure measurement)**
Preventive care benefits	A tetanus vaccine A flu vaccine A mammogram* every two years A Pap smear* every three years A prostate test* An FOBT test* A bone mineral density test* every two years Two HPV vaccinations for girls and boys between 10-14 years or three between 15-26 years
Contraceptives	Oral/injectable/implantable contraceptives – R180 per month, up to R2 400 per year Intra-uterine device – R2 800 every 60 months
Supporting wellness	Back treatment at a Documentation Based Care facility (a prerequisite for spinal column surgery) One dietician consultation if BMI is >30

Core benefits

n-hospital treatment and life-essential	services (insured benefits)
Hospitalisation	No overall annual limit Any private hospital, and day procedure facilities apply for certain day procedures
Hospital medicine on discharge: Applicable medicine dispensed and charged by the hospital on discharge from the hospital (to take out or TTO), excluding PMB/chronic medicine	R600 per admission
Refractive surgery	R23 900 per family (beneficiaries 18-50 years)
Trauma that necessitates hospitalisation	Unlimited
Childbirth	In hospital - unlimited Home delivery - R16 300 per event
Specialised radiology	Angiography, MRI, and CT imaging – R30 000 per family per year
Post-hospital care for speech therapy, occupational therapy, and physiotherapy	R2 300 per member and R3 300 per family
Emergency transport (Netcare 911)	In country of residence Unlimited (RSA, Lesotho, Eswatini, Mozambique, Zimbabwe, Namibia, and Botswana) Outside country of residence R2 500 for road transport and R16 900 for air transport
Treatment of life-threatening conditions	Unlimited Includes 271 PMB and 26 Chronic Diseases List (CDL) conditions
PMB medicine	Unlimited
Cancer treatment	R480 000 per family
Mental health (psychiatric treatment)	Hospitalisation and professional psychiatric services: R44 200 per beneficiary per year to a maximum of R61 300 per family per year, including one educational psychologist consultation per beneficiary per year to diagnose autism Treatment of depression out of hospital, subject to registration on the mental health programme: R5 000 per beneficiary per year, subject to the in-hospital limit, ffor services rendered by psychiatrists, psychologists, social workers, occupational therapists, and psychiatric nurses Medicine: R135 per beneficiary per month, subject to the in-hospital limit
Health-essential functional prostheses	R77 400 per person Intra-ocular lenses – R5 520 per lens, two lenses per person Hip, knee, and shoulder replacement – non-PMB cases are limited to replacements caused by an acute injury Hip, knee, and shoulder replacements due to wear and tear – a R24 500 benefit applies to the hospital account and prosthesis components (combined) per admission. Hip and knee replacements are subject to a DSP if the patient qualifies in terms of clinical criteria
Other prostheses	EVARS prosthesis – R163 300 per person Vascular/cardiac prosthesis – R69 800 per person Prosthesis with reconstructive or restorative surgery and external breast prostheses – R11 800 per family Implantable hearing devices (including device and components) – R325 100 per person Out-of-hospital benefit: R160 000 sub-limit per beneficiary pe 5-year period for replacement of the sound processor
Organ transplants	PMB - unlimited Cornea implants - R35 900 per implant
Palliative care	R31 300 per family
Wound care	R10 700 per family per year, including nurse consultations and material/stock used
Other core benefits	Including renal dialysis, prostatectomy, oxygen, hospice, subacute care, and private nursing services as an alternative to hospitalisation