



## ACCESS OPTIMISER

Our **booster option** covers specific medical procedures, treatments, scans, and surgeries that some medical aid plans exclude.

### PREMIUMS FOR INDIVIDUALS AND FAMILIES

Premiums are determined by age at entry, and there's no maximum entry age.

IF YOU AND EVERYONE IN THE FAMILY ARE  
64 OR YOUNGER



INDIVIDUAL or FAMILY

IF YOU OR ANYONE IN THE FAMILY IS  
65 OR OLDER



INDIVIDUAL or FAMILY

One **Gap Cover** policy covers you and your spouse, even if you belong to different medical aid plans, including the dependants registered on either medical aid plan.

Child dependants registered on your or your spouse's medical aid plan may remain on your **Gap Cover** policy regardless of age. However, when a child dependant applies for their own medical aid membership, they must apply for their own policy.

A full-time student **26 or younger** may remain on your policy even if they belong to a different medical aid plan, provided proof of full-time studies is submitted annually. Distance and online learning don't qualify.

**KEY BENEFITS SUBJECT TO AN OVERALL POLICY LIMIT (OPL)**

An OPL of R 210 580 per person per year applies to the following benefits or any higher amount published by the Regulator during the year. All approved claim amounts will be deducted from the available OPL.

**ACCESS BENEFIT****IN- AND OUT-OF-HOSPITAL COVER**

Claim the cost of any medical procedure, treatment, scan or surgery listed below if your medical aid plan excludes it.

**HOW IT WORKS**

Our benefit helps cover the cost of an upcoming medical event if:

- your medical aid plan excludes it from cover; or
- only covers Prescribed Minimum Benefit (PMB) medical procedures, but your medical event isn't listed as a PMB.

PMBs are specific benefits your medical aid must provide for a defined list of medical procedures.

Please send us the cost estimates from all the service providers you choose as your preferred providers, such as the day clinic or hospital, surgeon, and anaesthetist and a claim form. If your claim is approved, we'll issue a guarantee of payment to all the providers as an undertaking to pay them directly after your medical event.

**WHAT WE COVER**

We'll cover the cost of your admission to a day clinic or hospital and the related service and healthcare providers' fees up to the benefit limit specific to your upcoming medical event.

Limited per insured person per year.

MEDICAL PROCEDURES AND TREATMENTS NOT COVERED BY YOUR MEDICAL AID	ACCESS BENEFIT
Adenoidectomy, myringotomy (grommets) or tonsillectomy	R 15 000
Arthroscopic surgery	R 72 000
Back or neck surgery	R 72 000
Bunion surgery	R 20 000
Cochlear implant, auditory brain implant and internal nerve stimulator surgery (including the procedure, device, processor and hearing aids if part of a bimodal solution)	R 85 000
Dental procedures for impacted teeth for children <b>younger than 18</b>	R 20 000
Dental procedures for reconstructive surgery required due to an accident	R 85 000
Endoscopic procedures	R 10 000
Functional nasal surgery	R 30 000
Joint replacement surgery (including non-PMB joint replacements and internal prosthetic devices)	R 60 000
Knee or shoulder surgery	R 30 000
MRI or CT scan required due to an accident	R 15 000
Non-cancerous breast conditions (including breast reconstruction of an unaffected breast)	R 25 000
Oesophageal reflux and hiatus hernia surgery	R 60 000
Removal of varicose veins	R 25 000
Skin disorders (including benign growths and lipomas)	R 25 000

**GOOD TO KNOW**

- Unless we confirm otherwise, waiting periods apply. Refer to the **Waiting Periods** page.

Sometimes, two **Gap Cover** policies are better than one.

**ACCESS OPTIMISER** is ideal if your medical aid plan excludes any of the medical procedures and treatments listed above.

However, if you're on a 100%, 200%, or 300% medical aid plan and want cover for shortfalls on doctors' and specialists' private fees and additional cover for cancer treatment, co-payments, and internal prosthetic devices, **ACCESS OPTIMISER** with **COMPACT<sup>300</sup>** or **MERIDIAN<sup>400</sup>** is an ideal combination.

Consider a combination of **ACCESS OPTIMISER** and **ELITE<sup>500</sup>** for the highest level of cover and additional benefits for out-patient specialist consultations, private room fees, scopes, and specialised scans.

**CASUALTY BENEFITS**

There are **two benefit categories**.

**ACCIDENTAL EVENTS**

INDIVIDUALS OF ALL AGES  
OUT-OF-HOSPITAL COVER

**ILLNESS EVENTS**

CHILDREN 10 YEARS OR YOUNGER  
OUT-OF-HOSPITAL COVER

**HOW IT WORKS**

Visit any registered medical facility **within 24 hours** of an accident, such as the doctor's room or emergency unit at the nearest hospital, when anyone in the family requires medical treatment for bodily injury.

Children **10 years or younger** are covered for after-hours illness-related events at any registered casualty facility between **18:00 and 7:00** Monday through Friday and all day Saturday, Sunday, and public holidays.

We'll cover the **shortfalls** when your medical aid pays part of the cost of a casualty event from a **risk, insured day-to-day or block benefit**, or **refund the total cost** when paid from your **medical savings account or pocket**, subject to our benefit limit.

**WHAT WE COVER**

We cover all the healthcare and service providers' accounts related to a casualty event, typically including:

- basic and specialised radiology and pathology;
- co-payments;
- facility and doctors' consultation fees;
- medication administered during an event;
- external medical items received at the medical facility, such as a neck brace or arm sling; and
- follow-up visits related to accidental events, such as having stitches or a cast removed.

Limited to **R 3 000 per policy per year**.

**GOOD TO KNOW**

- If you're admitted to the hospital after being treated in the casualty or medical facility for an accidental-related event, or your child is admitted after being treated in the casualty facility for an after-hours illness-related event, the admission becomes a new medical event, and claims will be assessed based on the hospital admission.
- Our benefit applies even if your medical aid doesn't cover casualty events.
- You're covered from day one because this benefit isn't subject to any waiting periods.

**BENEFIT NOT SUBJECT TO THE OVERALL POLICY LIMIT (OPL)**

The following benefit isn't subject to the **OPL** because we give this benefit to you over and above those that form part of the **OPL**.

**PAYOUT BENEFIT****ACCIDENTAL DEATH AND DISABILITY****HOW IT WORKS**

In the event of accidental death or total and permanent disability due to an accident, a benefit amount is payable on each insured person's life. Our benefit compensates you for any current or future costs and expenses, including any potential loss of earnings.

The benefit amount that applies to:

- the principal insured is payable to the surviving spouse or the principal insured's estate if there's no surviving spouse.
- the spouse is payable to the principal insured or the spouse's estate if there's no surviving principal insured.

In the event of the simultaneous death of the principal insured and spouse, the benefit amounts are payable to the principal insured's estate.

**WHAT WE COVER**

You and your spouse are covered for **R 5 000 per insured person** if either one of you passes away or becomes totally and permanently disabled due to an accident.

Limited to **1 event per insured person per year**.

**ACCIDENT...**

means a sudden, unplanned and unexpected accidental event resulting in bodily injury caused by physical impact.

**TOTAL AND PERMANENT DISABILITY...**

means bodily injury resulting in complete and absolute disablement beyond hope of improvement, preventing an employed insured person from following their usual occupation or similar work for which they're suited by education or training.  
If the insured person is an individual or pensioner who's not gainfully employed, total and permanent disability will mean the loss of both hands or feet, one hand and one foot, or the sight of both eyes.

**GOOD TO KNOW**

- You're covered from day one because this benefit isn't subject to any waiting periods.

### GAP MATCH

This guiding tool matches the best-suited **Gap Cover** option with your medical aid plan.

Go to [www.stratumbenefits.co.za/gap-match/](http://www.stratumbenefits.co.za/gap-match/) or scan the QR code.

Chat with your financial advisor to sign up, or contact our **Client Support Centre** for general questions and information.



### EXPLAINER VIDEOS

Go to our YouTube channel, [www.youtube.com/@stratumbenefits8206](https://www.youtube.com/@stratumbenefits8206), for short, animated videos that explain how our benefits work.

## WAITING PERIODS

### UNDERWRITING APPLICABLE TO FIRST-TIME JOINERS

Waiting periods apply from your and your dependants' cover start dates, but never to accidental events that occur after your cover start dates.

#### 3 MONTH GENERAL WAITING PERIOD

There's no cover during this period except for accidental events that occur after your and your dependants' cover start dates.

Unless we confirm otherwise, the following benefit is subject to this waiting period:

ACCESS BENEFIT

#### 12 MONTH PRE-EXISTING MEDICAL CONDITION WAITING PERIOD

There's no cover during this period for investigations, medical procedures, surgeries or treatments related to any illness or medical condition diagnosed or for which advice or treatment was received **12 months** before your or your dependants' cover start dates.

Unless we confirm otherwise, the following benefit is subject to this waiting period:

ACCESS BENEFIT

#### EXCEPTION TO THE RULE

The following benefits aren't subject to waiting periods:

CASUALTY BENEFITS

ACCIDENTAL DEATH AND DISABILITY BENEFIT

### GOOD TO KNOW

- Transfer underwriting applies to applicants who switch cover from another **Gap Cover** provider. Go to [www.stratumbenefits.co.za/gap-cover-transfer-process-for-individuals/](http://www.stratumbenefits.co.za/gap-cover-transfer-process-for-individuals/) or scan the QR code for our **Gap Cover Transfer Process for Individuals**.



## BENEFIT & GENERAL EXCLUSIONS

**Gap Cover** works with your medical aid cover.

**Gap Cover** includes various benefits covering medical expense shortfalls for just about every medical eventuality.

Depending on the benefit's qualifying criteria, your medical aid must first pay a portion of the cost of a medical event before we step in and take care of the rest. However, not every medical event will qualify for benefits as policies are subject to benefit and general exclusions.

### BENEFIT EXCLUSIONS

**Gap Cover** offers many benefits, each with specific qualifying criteria.

Benefit exclusions apply only to specific benefits, not the entire policy. They limit or exclude cover for certain medical procedures, treatments, and events within a particular benefit category.

For more information about what you can and can't claim, go to [www.stratumbenefits.co.za/benefit-exclusions/](http://www.stratumbenefits.co.za/benefit-exclusions/) or scan the QR code to view or download our **Benefit Exclusions**.



### GENERAL EXCLUSIONS

General exclusions are standard conditions and events that aren't covered, regardless of the specific claim or benefit. These exclusions apply to the entire policy, not only a specific benefit.

Go to [www.stratumbenefits.co.za/general-exclusions/](http://www.stratumbenefits.co.za/general-exclusions/) or scan the QR code to download our **General Exclusions**.



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## GENERAL POLICY EXCLUSIONS

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We don't pay claims related to:

1. events that occurred before your cover start date.
  2. events during waiting periods, except for accidental events that occur after your cover start date.
  3. line items that don't meet the South African medical coding standards, such as CPT, NHRPL, and ICD-10.
  4. events your medical aid pays as concessions, exceptions, or ex-gratia payments.
  5. medical events for which pre-authorisation hasn't been obtained from your medical aid or when your medical aid's rules haven't been followed.  
*(For example, using non-network hospitals on a network-based medical aid plan.)*
  6. events when benefit limits or your policy's overall limit has been reached.
  7. events your policy doesn't cover or provides an appropriate benefit to claim from.
  8. additional shortfalls when your healthcare or service provider increases their fees after we've finalised your claim.
  9. additional shortfalls when your healthcare or service provider agrees to a discount but increases their fee after we've finalised your claim.
  10. costs for medical reports.
  11. split billing charges.  
*(These are upfront payments your healthcare or service providers may ask you to pay before your medical event. These amounts make up the providers' private fees and don't reflect on the accounts submitted to medical aid for payment.)*
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## SPECIFIC POLICY EXCLUSIONS

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We don't pay claims related to:

12. allied healthcare professionals, except if your policy offers a benefit.
  13. assisted reproductive therapy (ART), fertility treatments or contraceptives.
  14. a second breast reconstruction or any subsequent reconstruction procedure.  
*(We cover one event per insured person provided it's the first breast reconstruction in your lifetime and your policy offers a benefit.)*
  15. diagnosing or treating sleeping disorders.
  16. elective, prophylactic (preventative), routine procedures or physical examinations, such as medical tests for insurance purposes, risk-reducing mastectomies, and scopes based on family history, except if your policy offers a benefit.
  17. external medical items, such as arm slings, compression socks, crutches, moon boots and neck braces, except when claiming from our **CASUALTY BENEFIT** for items received at the medical facility.
  18. external prosthetic devices, such as artificial limbs.
  19. home or private nursing or admission to a step-down or sub-acute facility, such as frail care centres, hospice centres, mental health facilities, and rehabilitation facilities.
  20. hospital charges, such as ward fees, except if your policy offers a benefit.
  21. mood disorders or emotional or psychological illnesses.
  22. obesity or treatments required due to obesity.
  23. prescription or take-home medication.
  24. reconstructive cosmetic surgery, except if your policy offers a benefit.
  25. robotic-assisted surgery co-payments.
  26. specialised mechanical or computerised devices, such as CPAP machines, glucometers, insulin pumps, oxygen machines, and ventilators.
  27. stem cell harvesting or treatments.
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## STANDARD NON-LIFE POLICY EXCLUSIONS

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We don't pay claims related to:

28. attempted suicide, suicide, or intentional self-injury.
29. deliberate exposure to exceptional danger, except if trying to save a human life.  
*(Exceptional danger includes but isn't limited to hazardous sports or activities, such as skydiving, mixed martial arts fighting (MMA), and speed racing.)*
30. events covered by legislation, such as contractual liability and consequential loss.
31. illegal behaviour or breaking the law of the Republic of South Africa.
32. illness or injury caused by using drugs or narcotics, except if prescribed by a healthcare provider, provided the healthcare provider isn't an insured person.
33. illness or injury caused by using alcohol.
34. nuclear weapons, nuclear material or ionising radiation.
35. participation in active military, police or police reservist duty, civil commotion, invasion, labour disturbance, political act, rebellion, riot, strike, terrorist activity, war, or the activity of locked-out workers.
36. transport charges or healthcare services provided while being transported in an emergency vehicle, vessel, or aircraft.

### GET COVER!

There's only one thing left to do.

 Call your financial advisor, visit [www.stratumbenefits.co.za/apply-today/](http://www.stratumbenefits.co.za/apply-today/) to apply online, or download and email the application form.