# 2025 Stratum Benefits<sup>0</sup>

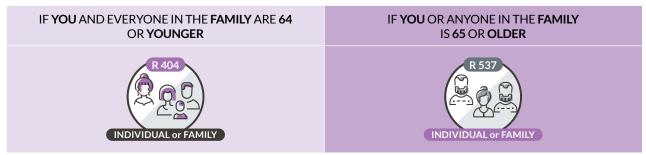


# ACCESS CO-PAY PLUS<sup>300</sup>

Our booster option covers specific medical procedures, treatments, scans, and surgeries that some medical aid plans exclude. It also covers the most often experienced in- and out-of-hospital medical expense shortfalls for medical procedures that aren't excluded.

# PREMIUMS FOR INDIVIDUALS AND FAMILIES

Premiums are determined by age at entry, and there's no maximum entry age.



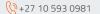
One Gap Cover policy covers you and your spouse, even if you belong to different medical aid plans, including the dependants registered on either medical aid plan.

Child dependants registered on your or your spouse's medical aid plan may remain on your Gap Cover policy regardless of age. However, when a child dependant applies for their own medical aid membership, they must apply for their own policy. A full-time student 26 or younger may remain on your policy even if they belong to a different medical aid plan, provided proof of full-time studies is submitted annually. Distance and online learning don't qualify.

















#### **KEY BENEFITS SUBJECT TO AN OVERALL POLICY LIMIT (OPL)**

An **OPL** of **R 210 580** per person per year applies to the following benefits or any higher amount published by the Regulator during the year. All approved claim amounts will be deducted from the available **OPL**.



#### IN- AND OUT-OF-HOSPITAL COVER

Claim the cost of any medical procedure, treatment, scan or surgery listed below if your medical aid plan excludes it.

#### **HOW IT WORKS**

Our benefit helps cover the cost of an upcoming medical event if:

- your medical aid plan excludes it from cover; or
- only covers Prescribed Minimum Benefit (PMB) medical procedures, but your medical event isn't listed as a PMB.

PMBs are specific benefits your medical aid must provide for a defined list of medical procedures.

Please send us the cost estimates from all the service providers you choose as your preferred providers, such as the day clinic or hospital, surgeon, and anaesthetist and a claim form. If your claim is approved, we'll issue a guarantee of payment to all the providers as an undertaking to pay them directly after your medical event.

#### WHAT WE COVER

We'll cover the cost of your admission to a day clinic or hospital and the related service and healthcare providers' fees up to the benefit limit specific to your upcoming medical event.

Limited per insured person per year.

MEDICAL PROCEDURES AND TREATMENTS NOT COVERED BY YOUR MEDICAL AID	ACCESS BENEFIT
Adenoidectomy, myringotomy (grommets) or tonsillectomy	R 15 000
Arthroscopic surgery	R 72 000
Back or neck surgery	R 72 000
Bunion surgery	R 20 000
Cochlear implant, auditory brain implant and internal nerve stimulator surgery (including the procedure, device, processor and hearing aids if part of a bimodal solution)	R 85 000
Dental procedures for impacted teeth for children <b>younger</b> than <b>18</b>	R 20 000
Dental procedures for reconstructive surgery required due to an accident	R 85 000
Endoscopic procedures	R 10 000
Functional nasal surgery	R 30 000
Joint replacement surgery (including non-PMB joint replacements and internal prosthetic devices)	R 60 000
Knee or shoulder surgery	R 30 000
MRI or CT scan required due to an accident	R 15 000
Non-cancerous breast conditions (including breast reconstruction of an unaffected breast)	R 25 000
Oesophageal reflux and hiatus hernia surgery	R 60 000
Removal of varicose veins	R 25 000
Skin disorders (including benign growths and lipomas)	R 25 000

#### **GOOD TO KNOW**

• Unless we confirm otherwise, waiting periods apply. Refer to the **Waiting Periods** page.

ACCESS CO-PAY PLUS<sup>300</sup> is ideal if your medical aid plan excludes any of the medical procedures and treatments listed above, covers doctors' and specialists' private fees at 100%, 200%, or 300% of the medical aid rate, and imposes procedure-related co-payments.



#### IN- AND OUT-OF-HOSPITAL COVER

#### **HOW IT WORKS**

Our ACCESS BENEFIT helps cover the cost of specific medical procedures, treatments, scans, and surgeries if your medical aid plan excludes it or only covers Prescribed Minimum Benefit (PMB) medical procedures.

Our GAP BENEFIT covers the shortfalls on medical procedures, treatments, scans, and surgeries not excluded by your medical aid plan.

We cover the shortfalls when:

- the cost of your medical procedure performed in a day clinic, hospital, or your healthcare provider's room is more than your medical aid plan's rate,
- as long as your medical aid pays an amount from a hospital benefit, also known as a risk, major medical, insured day-to-day or block benefit.

#### WHAT WE COVER

We pay up to an **additional 300%** on top of your medical aid plan's rate to cover shortfalls on your doctors', specialists' and healthcare providers' accounts related to the following in- and out-of-hospital medical events:

- consumable items, such as catheters, medical gloves and syringes; •
- medication administered during your medical event;
- · medical procedures, surgeries and treatments;
- s; physiotherapy;
  - pathology, such as blood, saliva and urine tests; and
  - Prescribed Minimum Benefit (PMB) medical procedures.

Subject to the OPL of R 210 580 per insured person per year.

#### **GOOD TO KNOW**

- PMBs are specific benefits your medical aid must provide for a defined list of medical procedures. If your medical aid's qualifying criteria for PMBs aren't met, we'll assess the shortfalls when you incur out-of-pocket medical expenses.
- Look at DENTAL, MATERNITY and RADIOLOGY COVER to see what other shortfalls we cover.
- Unless we confirm otherwise, waiting periods and the Limited Payout Benefit apply. Refer to the Waiting Periods page.



#### **CO-PAYMENT BENEFIT**

If your medical aid requires upfront payment before you're admitted to the hospital or undergo a medical procedure, such as a laparoscopy or joint replacement surgery, it's called a co-payment or deductible.

#### ADMISSION AND PROCEDURE CO-PAYMENTS

IN- AND OUT-OF-HOSPITAL COVER

#### **HOW IT WORKS**

We refund co-payments that your medical aid imposes as rand amounts or percentages for:

- admissions to day clinics and hospitals and medical procedures, such as in- or out-of-hospital scopes and scans,
- as long as the co-payments are paid from your medical savings account or pocket.

# WHAT WE COVER

Claim admission and procedure-related co-payments.

Limited to R 6 500 per policy per year.

# **GOOD TO KNOW**

- If your healthcare provider asks you to pay an amount before your medical event, it's called split billing. The upfront amount
  makes up the provider's private fee that doesn't reflect on the account submitted to your medical aid for payment. Ask your
  provider to submit a detailed account reflecting their private fee to your medical aid so we can assess any shortfalls under our
  GAP BENEFIT.
- Look at **DENTAL**, **MATERNITY** and **RADIOLOGY COVER** to see what co-payments we cover for dentistry, childbirth and specialised radiology.
- Unless we confirm otherwise, waiting periods and the Limited Payout Benefit apply. Refer to the Waiting Periods page.



#### **DENTAL COVER**

If you're booked into a day clinic or hospital for extractions, dental implants or oral surgery, our benefits can assist with the shortfalls and co-payments.

**DENTAL COVER** is made up of various benefits you can claim from.

# **SPECIALIST SHORTFALLS**

IN-HOSPITAL COVER

CO-PAYMENTS
IN-HOSPITAL COVER

#### **HOW IT WORKS**

#### We cover the shortfalls when:

- the cost of your dental-related procedure performed in a day clinic or hospital is more than your medical aid plan's rate,
- as long as your medical aid pays an amount from a hospital benefit, also known as a risk or major medical benefit.

We **refund** co-payments that your **medical aid imposes** as rand amounts or percentages for:

- admissions to day clinics and hospitals and in-hospital dental-related procedures,
- as long as the co-payments are paid from your medical savings account or pocket.

#### WHAT WE COVER

We pay up to an **additional 300%** on top of your medical aid plan's rate to cover shortfalls on your dentists' and specialists' accounts related to the following in-hospital medical events:

 dental procedures, such as dental implants and wisdom teeth extractions.

Limited to R 30 000 per policy per year.

dental procedures due to accidental events or cancer treatment.

Subject to the OPL of R 210 580 per insured person per year.

Subject to our GAP BENEFIT.

Claim admission and dental procedure-related co-payments.
Subject to our ADMISSION AND PROCEDURE CO-PAYMENT BENEFIT.

#### **GOOD TO KNOW**

- If your healthcare provider asks you to pay an amount before your medical event, it's called split billing. The upfront amount
  makes up the provider's private fee that doesn't reflect on the account submitted to your medical aid for payment. Ask your
  provider to submit a detailed account reflecting their private fee to your medical aid so we can assess any shortfalls under our
  GAP BENEFIT.
- Unless we confirm otherwise, waiting periods and the Limited Payout Benefit apply. Refer to the Waiting Periods page.



# **MATERNITY COVER**

We cover the bump.

MATERNITY COVER is made up of various benefits you can claim from.

## THE DELIVERY

# CHILDBIRTH SHORTFALLS IN- AND OUT-OF-HOSPITAL COVER

CO-PAYMENTS
IN-HOSPITAL COVER

#### HOW IT WORKS AND WHAT WE COVER

#### We cover the **shortfalls** when:

- healthcare professionals, such as your gynaecologist, obstetrician or midwife, charge more than your medical aid plan's rate for delivering your baby in the hospital or at home,
- as long as your medical aid pays an amount from a hospital benefit, also known as a risk or major medical benefit.

Subject to our **GAP BENEFIT**.

We **refund** co-payments that your **medical aid imposes** for elective caesareans as long as the co-payments are paid from your **medical savings account** or **pocket**.

Subject to our ADMISSION AND PROCEDURE CO-PAYMENT BENEFIT.

## **GOOD TO KNOW**

- Send us a medical aid membership certificate or birth certificate to add your newborn.
- · Unless we confirm otherwise, waiting periods and the Limited Payout Benefit apply. Refer to the Waiting Periods page.



#### **RADIOLOGY COVER**

What does your medical aid plan cover for basic and specialised radiology? Do upfront co-payments apply to in- or out-of-hospital MRI, CT, and PET scans?

**RADIOLOGY COVER** is made up of **various benefits** you can claim from.

#### **RADIOLOGY SHORTFALLS**

IN- AND OUT-OF-HOSPITAL COVER

MRI, CT AND PET SCAN CO-PAYMENTS
IN- AND OUT-OF-HOSPITAL COVER

#### **HOW IT WORKS**

#### We cover the **shortfalls** when:

- the radiologist or radiology facility charges more than your medical aid plan's rate for in- or out-of-hospital basic and specialised radiology,
- as long as your medical aid pays an amount from a hospital or insured day-to-day benefit, also known as a risk, major medical or block benefit.

We **refund** co-payments that your **medical aid imposes** as rand amounts or percentages for in- or out-of-hospital MRI, CT, and PET scans, as long as the co-payments are paid from your **medical savings account** or **pocket**.

#### WHAT WE COVER

We pay up to an **additional 300%** on top of your medical aid plan's rate to cover shortfalls on basic and specialised radiology. Subject to our **GAP BENEFIT**.

Claim radiology-related co-payments.

Subject to our ADMISSION AND PROCEDURE CO-PAYMENT BENEFIT.

#### **GOOD TO KNOW**

• Unless we confirm otherwise, waiting periods and the Limited Payout Benefit apply. Refer to the Waiting Periods page.



#### **CASUALTY BENEFITS**

There are two benefit categories.

#### **ACCIDENTAL EVENTS**

INDIVIDUALS OF ALL AGES OUT-OF-HOSPITAL COVER

#### **ILLNESS EVENTS**

CHILDREN 10 YEARS OR YOUNGER OUT-OF-HOSPITAL COVER

# **HOW IT WORKS**

Visit any registered medical facility within 24 hours of an accident, such as the doctor's room or emergency unit at the nearest hospital, when anyone in the family requires medical treatment for bodily injury.

Children **10** years or younger are covered for after-hours illness-related events at any registered casualty facility between **18:00** and **7:00** Monday through Friday and all day Saturday, Sunday, and public holidays.

We'll cover the **shortfalls** when your medical aid pays part of the cost of a casualty event from a **risk**, **insured day-to-day** or **block benefit**, or **refund** the **total cost** when paid from your **medical savings account** or **pocket**, subject to our benefit limit.

# WHAT WE COVER

We cover all the healthcare and service providers' accounts related to a casualty event, typically including:

- · basic and specialised radiology and pathology;
- co-payments;
- facility and doctors' consultation fees;
- medication administered during an event;
- external medical items received at the medical facility, such as a neck brace or arm sling; and
- follow-up visits related to accidental events, such as having stitches or a cast removed.
- basic and specialised radiology and pathology;
- co-payments;
- facility and doctors' consultation fees; and
- medication administered during an event.

Limited to R 3 000 per policy per year.

#### **GOOD TO KNOW**

- If you're admitted to the hospital after being treated in the casualty or medical facility for an accidental-related event, or your
  child is admitted after being treated in the casualty facility for an after-hours illness-related event, the admission becomes a new
  medical event, and claims will be assessed based on the hospital admission.
- Our benefit applies even if your medical aid doesn't cover casualty events.
- You're covered from day one because this benefit isn't subject to any waiting periods.

#### BENEFIT NOT SUBJECT TO THE OVERALL POLICY LIMIT (OPL)

The following benefit isn't subject to the OPL because we give this benefit to you over and above those that form part of the OPL.

#### **PAYOUT BENEFIT**



# ACCIDENTAL DEATH AND DISABILITY

#### **HOW IT WORKS**

In the event of accidental death or total and permanent disability due to an accident, a benefit amount is payable on each insured person's life.

Our benefit compensates you for any current or future costs and expenses, including any potential loss of earnings.

The benefit amount that applies to:

- the principal insured is payable to the surviving spouse or the principal insured's estate if there's no surviving spouse.
- the spouse is payable to the principal insured or the spouse's estate if there's no surviving principal insured.

In the event of the simultaneous death of the principal insured and spouse, the benefit amounts are payable to the principal insured's estate.

#### WHAT WE COVER

You and your spouse are covered for **R 5 000 per insured person** if either one of you passes away or becomes totally and permanently disabled due to an accident.

Limited to 1 event per insured person per year.

#### ACCIDENT...

means a sudden, unplanned and unexpected accidental event resulting in bodily injury caused by physical impact.

#### TOTAL AND PERMANENT DISABILITY...

means bodily injury resulting in complete and absolute disablement beyond hope of improvement, preventing an employed insured person from following their usual occupation or similar work for which they're suited by education or training.

If the insured person is an individual or pensioner who's not gainfully employed, total and permanent disability will mean the loss of both hands or feet, one hand and one foot, or the sight of both eyes.

#### **GOOD TO KNOW**

• You're covered from day one because this benefit isn't subject to any waiting periods.

# **GAP MATCH**

This guiding tool matches the best-suited **Gap Cover** option with your medical aid plan.

Go to www.stratumbenefits.co.za/gap-match/ or scan the QR code.

Chat with your financial advisor to sign up, or contact our Client Support Centre for general questions and information.



#### EXPLAINER VIDEOS

Go to our **YouTube** channel, **www.youtube.com/@stratumbenefits8206**, for short, animated videos that explain how our benefits work.

# WAITING PERIODS

#### UNDERWRITING APPLICABLE TO FIRST-TIME JOINERS

Waiting periods apply from your and your dependants' cover start dates, but never to accidental events that occur after your cover start dates.

#### 3 MONTH GENERAL WAITING PERIOD

There's no cover during this period except for accidental events that occur after your and your dependants' cover start dates. Unless we confirm otherwise, the following benefits are subject to this waiting period:

ACCESS BENEFIT

**CO-PAYMENT BENEFIT** 

**GAP BENEFIT** 

#### 12 MONTH PRE-EXISTING MEDICAL CONDITION WAITING PERIOD

There's no cover during this period for investigations, medical procedures, surgeries or treatments related to any illness or medical condition diagnosed or for which advice or treatment was received **12 months** before your or your dependants' cover start dates. Unless we confirm otherwise, the following benefits are subject to this waiting period:

**ACCESS BENEFIT** 

**CO-PAYMENT BENEFIT** 

**GAP BENEFIT** 

#### **EXCEPTION TO THE RULE**

The following benefits aren't subject to waiting periods:

**CASUALTY BENEFITS** 

ACCIDENTAL DEATH AND DISABILITY BENEFIT

#### **GOOD TO KNOW**

Transfer underwriting applies to applicants who switch cover from another Gap Cover provider.
 Go to www.stratumbenefits.co.za/gap-cover-transfer-process-for-individuals/ or scan the QR code for our Gap Cover Transfer Process for Individuals.



# LIMITED PAYOUT BENEFIT

Unless we confirm otherwise, the Limited Payout Benefit applies from your and your dependants' cover start dates.

#### HOW IT WORKS

If you claim from our GAP BENEFIT or CO-PAYMENT BENEFIT for any of the listed medical procedures or scans in the first **10 months** of cover, we'll pay **20%** of the **approved claim amount**, subject to applicable benefit limits.

If your medical event is related to a pre-existing medical condition for which you received advice or treatment 12 months before your cover start date, the claim will be subject to a Pre-Existing Medical Condition Waiting Period.

- adenoidectomy;
- · cardiovascular procedures;
- cataract removal;
- · dentistry;
- · hernia repair;

- hysterectomy (full cover if due to cancer diagnosed after the General Waiting Period);
- · joint replacements;
- MRI, CT, and PET scans;
- myringotomy (grommets);
- nasal and sinus surgery;
- pregnancy and childbirth;
- scopes (including medical events where a scope is used);
- spinal procedures; or
- · tonsillectomy.

Gap Cover works with your medical aid cover.

Gap Cover includes various benefits covering medical expense shortfalls for just about every medical eventuality.

Depending on the benefit's qualifying criteria, your medical aid must first pay a portion of the cost of a medical event before we step in and take care of the rest. However, not every medical event will qualify for benefits as policies are subject to benefit and general exclusions.

#### **BENEFIT EXCLUSIONS**

Gap Cover offers many benefits, each with specific qualifying criteria.

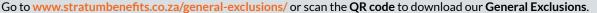
Benefit exclusions apply only to specific benefits, not the entire policy. They limit or exclude cover for certain medical procedures, treatments, and events within a particular benefit category.

For more information about what you can and can't claim, go to www.stratumbenefits.co.za/benefit-exclusions/ or scan the **QR code** to view or download our **Benefit Exclusions**.



#### **GENERAL EXCLUSIONS**

General exclusions are standard conditions and events that aren't covered, regardless of the specific claim or benefit. These exclusions apply to the entire policy, not only a specific benefit.





#### **GENERAL POLICY EXCLUSIONS**

#### We don't pay claims related to:

- events that occurred before your cover start date.
- 2. events during waiting periods, except for accidental events that occur after your cover start date.
- 3. line items that don't meet the South African medical coding standards, such as CPT, NHRPL, and ICD-10.
- 4. events your medical aid pays as concessions, exceptions, or ex-gratia payments.
- 5. medical events for which pre-authorisation hasn't been obtained from your medical aid or when your medical aid's rules haven't been followed.
  - (For example, using non-network hospitals on a network-based medical aid plan.)
- events when benefit limits or your policy's overall limit has been reached. 6.
- shortfalls that exceed the 300% GAP BENEFIT your policy provides. 7.
- 8. events your policy doesn't cover or provides an appropriate benefit to claim from.
- additional shortfalls when your healthcare or service provider increases their fees after we've finalised your claim.
- 10. additional shortfalls when your healthcare or service provider agrees to a discount but increases their fee after we've finalised your claim.
- costs for medical reports. 11.
- split billing charges. 12.

(These are upfront payments your healthcare or service providers may ask you to pay before your medical event. These amounts make up the providers' private fees and don't reflect on the accounts submitted to medical aid for payment. We assess shortfalls under our GAP BENEFIT when all charges reflect on your providers' accounts and refund upfront co-payments your medical aid imposes under our CO-PAYMENT BENEFIT.)

# SPECIFIC POLICY EXCLUSIONS

# We don't pay claims related to:

- allied healthcare professionals, except if your policy offers a benefit.
- 14. assisted reproductive therapy (ART), fertility treatments or contraceptives, except for contraceptive device implants, tubal ligations, and vasectomies if your policy offers a benefit.
- a second breast reconstruction or any subsequent reconstruction procedure. 15. (We cover one event per insured person provided it's the first breast reconstruction in your lifetime and your policy offers a benefit.)
- diagnosing or treating sleeping disorders. 16.
- elective, prophylactic (preventative), routine procedures or physical examinations, such as medical tests for insurance purposes, risk-reducing mastectomies, and scopes based on family history, except if your policy offers a benefit.
- 18. external medical items, such as arm slings, compression socks, crutches, moon boots and neck braces, except when claiming from our CASUALTY BENEFIT for items received at the medical facility.
- 19. external prosthetic devices, such as artificial limbs.
- home or private nursing or admission to a step-down or sub-acute facility, such as frail care centres, hospice centres, mental health facilities, and rehabilitation facilities.
- hospital charges, such as ward fees, except if your policy offers a benefit.
- 22. mood disorders or emotional or psychological illnesses.
- 23. obesity or treatments required due to obesity.
- 24 prescription or take-home medication.
- 25 reconstructive cosmetic surgery, except if your policy offers a benefit.
- 26. robotic-assisted surgery co-payments.

- specialised mechanical or computerised devices, such as CPAP machines, glucometers, insulin pumps, oxygen machines, and ventilators.
- 28. stem cell harvesting or treatments.

#### STANDARD NON-LIFE POLICY EXCLUSIONS

#### We don't pay claims related to:

- 29. attempted suicide, suicide, or intentional self-injury.
- 30. deliberate exposure to exceptional danger, except if trying to save a human life. (Exceptional danger includes but isn't limited to hazardous sports or activities, such as skydiving, mixed martial arts fighting (MMA), and speed racing.)
- 31. events covered by legislation, such as contractual liability and consequential loss.
- 32. illegal behaviour or breaking the law of the Republic of South Africa.
- 33. illness or injury caused by using drugs or narcotics, except if prescribed by a healthcare provider, provided the healthcare provider isn't an insured person.
- 34. illness or injury caused by using alcohol.
- 35. nuclear weapons, nuclear material or ionising radiation.
- 36. participation in active military, police or police reservist duty, civil commotion, invasion, labour disturbance, political act, rebellion, riot, strike, terrorist activity, war, or the activity of locked-out workers.
- 37. transport charges or healthcare services provided while being transported in an emergency vehicle, vessel, or aircraft.

# **PREQUENTLY ASKED QUESTIONS**

Reading through frequently asked questions is one way of understanding Gap Cover better.

Go to our Frequently Asked Questions page, www.stratumbenefits.co.za/gap-cover-faqs/, or scan the QR code.

#### **GET COVER!**

There's only one thing left to do.

© Call your financial advisor, visit www.stratumbenefits.co.za/apply-today/ to apply online, or download and email the application form.