



PLAN HIGHLIGHTS 2024



View full benefit detail protocols, authorisation requirements and sub-limits at www.sizwehosmed.co.za

IN HOSPITAL BENEFITS

Hospital and related

- No overall annual limit
- Private hospitals
- Specialist cover at 100% medical aid rate
- To-take-out medication (TTO) 7 days
- Maternity cover at 100% medical aid rate
- Prosthesis R54 330 per family
- Oncology unlimited for PMB and 80% scheme rate cover above R573 300
- Psychiatric treatment, 21 in-patient days
- Specialised radiology R36 156 per family combined limit
- Private nursing – R8 628 per family
- Ambulance Services – Europe Assist (0860 11 77 99)

EFFICIENCY DISCOUNTED OPTION (EDO)

Choose the EDO plan and enjoy the same rich benefits within a network of private hospitals.

PAY AT CHILD RATE UP TO THE AGE OF 25 YEARS
PAY FOR A MAXIMUM OF 3 CHILDREN (4TH OR MORE ARE FREE)

Auxiliary Services Benefit

- R1 654 per beneficiary per annum

Wheelchair & Hearing Aid benefit

- Wheelchair R4 007 per family
- Hearing Aids R15 279 per family

OUT HOSPITAL BENEFITS

Day-to-day benefit for- GP & Specialist visits, Acute Medication, Physiotherapy, Radiology, Pathology

- Benefits ranging from R11 362 to R27 639 based on family size
- Free choice of service provider

Dental care

- Benefit cover for conservative dentistry per beneficiary
- Consultations x 2 per beneficiary
- Oral Hygiene. Root Canal treatment
- Extractions, fillings, intra and extra oral x-rays
- Plastic dentures: 1 set, full or partial in 4-year period
- Specialised dentistry – Crowns and bridges: One crown per family per annum. One per tooth in a 5-year period.
- Orthodontics: Limited to ages 9 -18. A 35% co-payment is applicable.

Optical

- 24-month treatment cycle.
- 1 eye test per beneficiary
- Frames R1 087 per beneficiary
- Lenses: R229 single vision. R497 bifocal. R912 multifocal
- Or choose contact lenses up to R1 971

Maternity benefits: Register on the Bambino maternity programme

- 9 midwife, GP or Specialist antenatal visits
- Specified pregnancy related blood tests covered
- Vitamins R270
- 2x 2D Scans
- New-born hearing test

Chiropractor Benefit

- R1 654 per beneficiary per annum

Mental health Benefit - Psychiatrists and Counselling Clinical Psychologists

- R10 501 per family per annum

Appliances Benefit (includes nebulizer, C-Pap machine)

- R3 366 per family



CHRONIC BENEFITS

Cover for 26 chronic conditions (Plus an additional 13 Non PMB conditions), Subject to registration and approval.

- Addison's disease
- Asthma
- Bipolar Mood Disorder
- Bronchiectasis
- Cardiac failure
- Cardiomyopathy
- Chronic obstructive pulmonary disease
- Chronic renal disease
- Coronary artery disease
- Crohn's disease
- Diabetes insipidus
- Diabetes mellitus types 1 & 2
- Dysrhythmias
- Epilepsy
- Glaucoma
- Haemophilia
- HIV/AIDS
- Hyperlipidaemia
- Hypertension
- Hypothyroidism
- Multiple sclerosis
- Parkinson's disease
- Rheumatoid arthritis
- Schizophrenia
- Systemic Lupus Erythematosus
- Ulcerative colitis

PREVENTATIVE CARE BENEFITS

This is a benefit to encourage health awareness.

Wellness Consultations

- Up to R1 870 per family

Preventative Care tests and screening

- 1 pap smear for females over 21 years of age (24-month benefit)
- 1 mammogram for females over 40 years of age (24-month benefit)
- 1 PSA for males over 40 years of age
- Blood sugar, Cholesterol, Blood pressure, Body Mass Index, HIV

Vaccinations Benefit

- Covid-19 vaccination per beneficiary
- 1 flu vaccination per beneficiary
- 1 HPV vaccination for beneficiaries
- 1 Pneumococcal vaccine
- Childhood immunisations from birth to 6 years of age

Female contraceptives R3 331 per family



Contributions	Principal	Adult	Child
Platinum Enhanced	R4 747	R4 457	R1 298