



Essential Copper

PLAN HIGHLIGHTS 2024



View full benefit detail protocols, authorisation requirements and sub-limits at www.sizwehosmed.co.za

(IN) HOSPITAL BENEFITS

Hospital and related

- Unlimited cover for prescribed minimum benefits, subject to a network of hospitals
- Specialist cover at 100% of Sizwe Hosmed rates
- To-take-out medication (TTO) 7 days
- Maternity cover at 100% of Sizwe Hosmed rates for natural and indicated caesarean birth
- Psychiatric treatment, 21 in-patient days
- Drug and Alcohol rehab covered at R14 173 per family
- MRI & CT scans subject to PMB, x 2 scans per beneficiary
- Prosthesis R22 530 per family within PMB
- Ambulance Services –Europe Assist (0860 11 77 99)

PAY AT CHILD RATE UP TO THE AGE OF 25 YEARS
PAY FOR A MAXIMUM OF 3 CHILDREN (4TH OR MORE ARE FREE)

Essential Copper Plan is a PMB based plan offering benefits within designated network providers for both In and Out of hospital

(OUT) HOSPITAL BENEFITS

Day-to-day

- Unlimited GP consultations within the GP Network
- Nominate your GP
- GP consultations out of network, a 30% co-payment will apply
- Unlimited acute medication dispensed by network GP
- Acute medication obtained at pharmacy R1 767 per beneficiary subject to family limit R4 927
- Pharmacy Advised Treatment (over the counter) R744 per family
- Up to 3 specialist consultation per family on referral and authorisation, subject to PMB
- All benefits are subject to authorisation with Network administrator
- Pre-authorisations & General Enquiries Tel: 0860 002 400
Email: admin@enablemed.com

Dental care

- Available @ DENIS: 0861 033 647
- Email: sizweenq@denis.co.za Website: www.denis.co.za
- Benefit cover for conservative dentistry per beneficiary
- Oral Hygiene
- Extractions
- Intra oral X-rays
- Plastic Dentures: 1 set per beneficiary in 4 year period

Optical

- Available @ PPN: 041 476 0399 Website: www.ppn.co.za
- Email: info@ppn.co.za
- 24 month treatment cycle
- 1 eye test per beneficiary
- Frames R340 per beneficiary
- Lenses R239 single vision up to R504 for bifocal & multifocal

Maternity benefits : Register on the Bambino maternity programme

- Consultations within GP and specialist limit
- Blood tests covered
- 3 X 2D Scans
- Childhood immunisations from birth to 12 months of age



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CHRONIC BENEFITS

Pharmacy & Chronic pre-authorisations (Mediscor):

Email: preauth@mediscor.co.za 26 PMB chronic conditions covered

- Addison's disease
- Asthma
- Bipolar Mood Disorder
- Bronchiectasis
- Cardiac failure
- Cardiomyopathy
- Chronic obstructive pulmonary disease
- Chronic renal disease
- Coronary artery disease
- Crohn's disease
- Diabetes insipidus
- Diabetes mellitus types 1 & 2
- Dysrhythmias
- Epilepsy
- Glaucoma
- Haemophilia
- HIV/AIDS
- Hyperlipidaemia
- Hypertension
- Hypothyroidism
- Multiple sclerosis
- Parkinson's disease
- Rheumatoid arthritis
- Schizophrenia
- Systemic Lupus Erythematosus
- Ulcerative colitis

PREVENTATIVE CARE BENEFITS

This is a benefit to encourage health awareness

Health Screening Test available annually

- Covid-19 vaccination per beneficiary
- 1 pap smear for females over 18 years of age
- 1 mammogram for females over 40 years of age
- 1 PSA for males over 40 years of age
- 1 cholesterol test for beneficiaries over 20 years of age
- 1 flu vaccination per beneficiary
- 1 blood sugar test for beneficiaries over 15 years of age
- 1 Colon Cancer blood test for beneficiaries over 50 years of age
- 1 blood pressure test per beneficiary
- 1 HIV test per beneficiary
- 1 HPV vaccination for beneficiaries between 9 and 12 years of age
- 1 Pneumococcal vaccine for beneficiaries over 65 years of age

Female contraceptives R882 per family



Contributions	Principal	Adult	Child
R0 - R8 500	R1 870	R1 870	R650
R8 501 - R13 000	R2 240	R2 240	R829
R13 001+	R2 839	R2 839	R846