



MedPlus

Medihelp's top-of-the-range plan offers the most extensive cover for medical emergencies, private hospitalisation, and preventative care. It also makes substantial provision for acute and chronic medicine, radiology, pathology, and other day-to-day medical expenses.

From R12 792 per month



medihelp
Medical Aid in Action

Reasons to choose Medihelp

Experienced

We've stood the test of time for over a century.

Involved

As a self-administered scheme, we are personally involved and manage your membership with great care.

Trusted

Just like more than 210 000 South Africans are entrusting their healthcare cover to us, so can you.



Comprehensive day-to-day benefits

Day-to-day benefits

- Generous cover for GP and specialist consultations
- Excellent cover for acute and chronic medicine, radiology, and pathology
- Dental and optometry cover

Added insured benefits

- Activate an additional GP visit and R490 for self-medication after completing health tests and screenings
- Additional rich maternity and baby benefits
- Cover for health tests, vaccinations, and screenings at every life stage




Core benefits

- **Extensive in-hospital cover**
- Cover for quality private hospitalisation with no overall annual limit
- Full trauma and emergency medical cover
- Full cover for 271 PMB conditions and PMB chronic medicines

Contributions

- You pay child dependant rates until your children turn 26

Monthly contributions

Main member		R12 792
Dependant		R12 792
Child dependant <26 years		R3 192

Children pay child dependant rates until they turn 26

Day-to-day benefits

GP and specialist visits, virtual consultations, physiotherapy, clinical psychology, psychiatric nursing, and supplementary health services	R4 300 per person (pooled per family)
Acute medicine	R7 850 per person (pooled per family)
Non-PMB chronic medicine	R22 000 per person
External prostheses and medical appliances	Per person per three-year cycle <ul style="list-style-type: none"> Artificial eyes – R18 900 Speech and hearing aids – R18 900 Wheelchairs – R10 200 Artificial limbs – R10 200 Wigs – R2 200
	CPAP apparatus – R11 400 per person per two-year cycle
	Medical appliances and hyperbaric oxygen treatment – R2 200 per person
Optometry (PPN network)	Per person per 24-month cycle <ul style="list-style-type: none"> R1 080 for a frame/lens enhancements R1 780 for contact lenses
Conservative dentistry (DRC network)	Routine check-ups, fillings, X-rays, and oral hygiene
Specialised dentistry (DRC network)	Crowns, implants, bridges, and orthodontic treatment
Standard radiology	Unlimited
Radiography	R1 250 per family
Pathology (Ampath, Lancet, and PathCare Vermaak)	Unlimited
Care extender benefit	
One additional GP consultation	Activates for the family once we've paid the first claim for a specified health test* from your added insured benefits
R490 for self-medication dispensed at a network pharmacy	Activates for the family once we've paid the first claim for a combo health screening** from your added insured benefits

Important

This is only a summary of the available benefits and co-payments that may apply to certain benefits. Please consult the registered Rules of Medihelp and your plan's brochure for more details. In case of a dispute, the Rules of Medihelp will apply (subject to approval by the Council for Medical Schemes). Certain added insured benefits are not available if the patient has registered the medical condition for PMB or chronic medicine benefits, as the treatment is no longer considered as preventive care.

Added insured benefits

Medihelp provides these benefits on top of your insured day-to-day benefits. You can activate them when you register on HealthPrint, Medihelp's free wellness programme for members, on the Member Zone. Your health screening results from Dis-Chem or Clicks will automatically upload to your health record on HealthPrint.

Maternity benefits	<ul style="list-style-type: none"> Ten antenatal and postnatal consultations at a midwife/GP/gynaecologist Two antenatal and postnatal consultations at a dietician/lactation specialist/antenatal classes Two 2D ultrasound scans Nine months' antenatal iron supplements Nine months' antenatal folic acid supplements
Babies <2 years	Two consultations at a paediatrician/GP/ear, nose, and throat specialist
Child immunisation	Standard immunisation up to seven years
Health screenings	<ul style="list-style-type: none"> One combo health screening (blood glucose, cholesterol, BMI, and blood pressure measurement)** or an individual test (blood glucose or cholesterol) HIV testing, counselling, and support
Preventive care benefits	<ul style="list-style-type: none"> A tetanus vaccine A flu vaccine A mammogram* every two years A Pap smear* every three years A prostate test* A Pneumovax vaccine An FOBT test* A bone mineral density test* every two years Two HPV vaccinations for girls and boys between 10-14 years or three between 15-26 years
Contraceptives	<ul style="list-style-type: none"> Oral/injectable/implantable contraceptives – R178 per month, up to R2 300 per year Intra-uterine device – R2 700 every 60 months
Supporting wellness	<ul style="list-style-type: none"> Back treatment at a Documentation Based Care facility (a prerequisite for spinal column surgery) One dietician consultation if BMI is >30

Core benefits

In-hospital treatment and life-essential services (insured benefits)

Hospitalisation	No overall annual limit Any private hospital, and day procedure facilities apply for certain day procedures
Refractive surgery	Unlimited
Trauma that necessitates hospitalisation	Unlimited
Childbirth	<ul style="list-style-type: none"> In hospital – unlimited Home delivery – R15 600 per event
Specialised radiology	<ul style="list-style-type: none"> Angiography, MRI and CT imaging – unlimited PET scans – R26 200 per case
Post-hospital care for speech therapy, occupational therapy, and physiotherapy	R2 200 per member and R3 150 per family
Emergency transport (Netcare 911)	<ul style="list-style-type: none"> In country of residence Unlimited (RSA, Lesotho, Eswatini, Mozambique, Zimbabwe, Namibia, and Botswana) Outside country of residence R2 400 for road transport and R16 100 for air transport
Treatment of life-threatening conditions	Unlimited Includes 271 PMB and 26 Chronic Diseases List (CDL) conditions
PMB medicine	Unlimited
Cancer treatment	Unlimited
Mental health (psychiatric treatment)	R51 400 per person to a maximum of R69 900 per family
Health-essential functional prostheses	R73 800 per person <ul style="list-style-type: none"> Intra-ocular lenses – R4 900 per lens, two lenses per person Hip, knee, and shoulder replacement – PMB and non-PMB
Other prostheses	<ul style="list-style-type: none"> EVARS prosthesis – R155 600 per person Vascular/cardiac prosthesis – R66 500 per person Prosthesis with reconstructive or restorative surgery and external breast prostheses – R11 300 per family Implantable hearing devices (including device and components) – R320 200 per person
Organ transplants	PMB only – unlimited Cornea implants – R34 200 per implant Bone marrow/stem cell transplants – R376 900 per person
Palliative care	R32 200 per family
Other core benefits	Including renal dialysis, prostatectomy, oxygen, hospice, subacute care, and private nursing services as an alternative to hospitalisation