

LA Health

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2023

QUALITY CARE IN OUR DAY SURGERY NETWORK

FIND A NETWORK FACILITY FOR YOUR BENEFIT OPTIONS

We're in it for your health

DAY SURGERY NETWORKS

You have cover for a defined list of procedures in our day surgery network. A clinical exceptions process applies to all cases with complex presentations and procedures that may require an extended length of stay. You will be transferred to an appropriate facility if required.

If you do not use one of these hospitals for a planned day surgery admission, you will need to pay 20% of the cost of the claims.

LIST OF PROCEDURES COVERED IN THE DAY SURGERY NETWORK

B Biopsies

- Skin*, subcutaneous tissue, soft tissue, muscle, bone, lymph, eye, mouth, throat, breast, cervix, vulva, prostate, penis, testes

Breast Procedures

- Mastectomy for gynaecomastia*
- Lumpectomy* (fibroadenoma)

E Ear, nose and throat Procedures

- Tonsillectomy and/or adenoidectomy
- Repair nasal turbinates*, nasal septum*
- Simple procedures for nose bleed (extensive cautery) to this
- Sinus lavage*
- Scopes (nasal endoscopy*, laryngoscopy)
- Middle ear procedures (mastoidectomy, myringoplasty, myringotomy, and/or grommets)

Eye Procedures

- Cataract surgery
- Corneal transplant*
- Treatment of glaucoma
- Other eye procedures (removal of foreign body, conjunctival surgery (repair laceration, pterygium), glaucoma surgery,

probing & repair of tear ducts, vitrectomy, retinal surgery, eyelid surgery, strabismus repair)

G Ganglionectomy

Gastrointestinal

- Gastrointestinal scopes (oesophagoscopy, gastroscopy, colonoscopy, sigmoidoscopy, proctoscopy, anoscopy)*
- Anorectal procedures (treatment of haemorrhoids, fissure, fistula)

Gynaecological Procedures

- Diagnostic Dilatation and Curettage
- Endometrial ablation
- Diagnostic Hysteroscopy
- Colposcopy with LLETZ
- Examination under anaesthesia

O Orthopaedic Procedures

- Arthroscopy, arthrotomy (shoulder, elbow, knee, ankle, hand, wrist, foot, temporomandibular joint), arthrodesis (hand, wrist, foot)*
- Minor joint arthroplasty (intercarpal, carpometacarpal and metacarpophalangeal, interphalangeal joint arthroplasty*)
- Tendon and/or ligament repair, muscle debridement, fascia procedures (tenotomy, tenodesis,

tenolysis, repair/reconstruction, capsulotomy, capsulectomy, synovectomy, excision tendon sheath lesion, fasciotomy, fasciectomy). Subject to individual case review

- Repair bunion or toe deformity*
- Treatment of simple closed fractures and/or dislocations, removal of pins and plates. Subject to individual case review

R Removal of foreign body

- Subcutaneous tissue, muscle, external auditory canal under general anaesthesia

S Simple superficial lymphadenectomy

Skin Procedures

- Debridement
- Removal of lesions* (dependent on site and diameter)
- Simple repair of superficial wounds

U Urological

- Cystoscopy
- Male genital procedures (circumcision, repair of penis, exploration of testes and scrotum, orchietomy, epididymectomy, excision hydrocoele, excision varicocele, vasectomy)

All network lists can change at any time. Please go to www.lahealth.co.za to see the latest list before any planned admissions.

EASTERN CAPE			
East London	• East London Day Hospital	●	■
	• Cure Day Hospital East London	●	■
	• Life Beacon Bay Hospital	●	■
	• Life St Dominic's Hospital	●	■
	• Life St James Hospital	●	■
Humansdorp	• Life Isivivana Private Hospital	●	■
Matatiele	• Matatiele Private Hospital		■
Mthatha	• Life St Mary's Private Hospital	●	■
Port Elizabeth	• The Edge Private Clinic	●	■
	• Netcare Greenacres Hospital		■
	• Life Mercantile Hospital	●	
	• Life St George's Hospital	●	■
	• Medical Forum Theatre	●	■
Queenstown	• Life Queenstown Private Hospital	●	■
Uitenhage	• Netcare Cuyler Hospital	●	■
FREE STATE			
Bethlehem	• Bethlehem Medical Centre	●	■
	• Mediclinic Hoogland	●	■
Bloemfontein	• Citymed Theatre	●	■
	• Cure Day Clinics Bloemfontein	●	■
	• Pasteur Eye Hospital (Horizon Eye Care Centre)	●	■
	• Life Rosepark Hospital	●	■
	• Mediclinic Bloemfontein		■
	• Mediclinic Bloemfontein Day Clinic	●	■
	• Stirling Hospital	●	■
	• Netcare Universitas Private Hospital	●	
Frankfort	• Riemland Clinic		■
Harrismith	• Busamed Harrismith Private Hospital	●	■
Kroonstad	• Netcare Kroon Hospital	●	■
Mangaung	• Netcare Pelonomi Private Hospital	●	
Sasolburg	• Netcare Vaalpark Medical Centre	●	
Welkom	• Mediclinic Welkom	●	■
	• St Helena Hospital	●	
	• Welkom Medical Centre	●	■

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● Applicable to LA Keyplus Benefit Option

■ Applicable to LA Focus, LA Active, LA Core and LA Comprehensive Benefit Options

GAUTENG			
Alberton	• Netcare Alberton Hospital		■
	• Optimed	●	■
	• The Ear and Eye Clinic	●	■
Benoni	• Karibu Day Clinic	●	
	• Lakefield Surgical Centre (Pty) Ltd	●	■
	• Life The Glynnwood Hospital	●	■
	• Netcare Linmed Hospital		■
	• Netcare Optiklin Eye Hospital	●	■
	• Sunshine Hospital	●	
	• The Healthy Eye	●	■
Boksburg	• Advanced East Rand Day Hospital	●	■
	• Boksburg Medical & Dental Centre	●	■
	• Netcare Sunward Park Hospital		■
Brakpan	• Life Dalview Hospital	●	■
Centurion	• Centurion Eye Hospital	●	■
	• Centurion Day Hospital	●	■
	• Netcare Unitas Hospital		■
Edenvale	• Edenvale Day Clinic	●	■
Florida	• Constantia Clinic	●	■
	• Fauchard Clinic	●	■
Germiston	• Germiston Medical & Dental Centre	●	■
	• Life Roseacres Hospital	●	■
Heidelberg	• Life Suikerbosrand Hospital	●	■
Johannesburg	• Bioart Fertility Clinic		■
	• Centre of Advanced Medicine	●	■
	• Cure Day Clinics – Fourways	●	■
	• Dr G M Pitje Day Clinic	●	■
	• East Rand N17 Private Hospital		■
	• Fordsburg Clinic	●	■
	• Netcare Garden City Clinic	●	■

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● LA Keyplus ● LA Focus ● LA Active ● LA Core ● LA Comprehensive

GAUTENG			
Johannesburg	• Johannesburg Eye Hospital	●	■
	• Life Bedford Gardens Hospital		■
	• Life Brenthurst Hospital	●	■
	• Life Fourways Hospital		■
	• Netcare Linksfield Park Clinic		■
	• Netcare Linkwood Clinic		■
	• Mediclinic Midstream		■
	• Mediclinic Morningside		■
	• Mediclinic Sandton		■
	• Netcare Milpark Hospital		■
	• Netcare Mulbarton Hospital		■
	• Nelson Mandela Children's Hospital	●	■
	• Netcare Park Lane Clinic		■
	• Netcare Rosebank Clinic		■
	• Sandhurst Eye Centre	●	■
	• Intercare Day Hospital Sandton	●	■
	• Netcare Sunninghill Nursing Home		■
	• Twenty Twenty Eye Surgery Centre	●	■
	• Visiomed Eye Laser Clinic	●	■
	• Vitalab Centre For Gynaecological Endoscopy		■
• Wits Donald Gordon Medical Centre		■	
Kempton Park	• Arwyp Medical Centre		■
	• Birchmed Surgical Clinic	●	■
	• Ekurhuleni Surgiklin Day Clinic	●	■
	• Mercidoc Day Clinic	●	
Krugersdorp	• Netcare Krugersdorp Private Hospital		■
	• Netcare Pinehaven Hospital		■
Lenasia	• Lenmed Clinic Limited	●	■
	• Lenmed Daxina Private Hospital	●	■

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GAUTENG			
Midrand	• Cure Day Clinics - Midstream	●	■
	• Life Carstenhof Hospital	●	■
	• Netcare Waterfall City Hospital		■
Pretoria	• Advanced Groenkloof Day Hospital	●	■
	• Netcare Akasia Clinic		■
	• Botshilu Private Hospital	●	■
	• Constantia Park Medical and Dental Centre	●	■
	• Cure Day Clinics – Erasmuskloof	●	■
	• Netcare Femina Clinic		■
	• Intercare Day Hospital Hazeldean (Pty) Ltd	●	■
	• Intercare Day Hospital – Irene	●	■
	• Netcare Jakaranda Hospital	●	■
	• Kilnerpark Narko Clinic	●	■
	• Life Brooklyn Day Hospital	●	■
	• Life Eugene Marais Hospital	●	■
	• Life Faerie Glen Hospital		■
	• Life Groenkloof Hospital		■
	• Life Pretoria North Surgical Centre	●	■
	• Life Wilgers Hospital		■
	• Louis Pasteur Hospital		■
	• Mediclinic Legae	●	■
	• Mediclinic Kloof		■
	• Mediclinic Medforum	●	■
	• Mediclinic Muelmed	●	■
	• Medkin Clinic	●	■
	• Netcare Montana Private Hospital		■
	• Netcare Moot Algemene Hospital		■
	• Optimed Eye and Laser Clinic	●	■
	• Pretoria East Eye Institute		■
	• Netcare Pretoria East Private Hospital		■

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GAUTENG			
Pretoria	• Pretoria Eye Institute	●	■
	• Pretoria Urology Hospital		■
	• Waterkloof Surgical Centre	●	■
	• Zuid Afrikaans Hospital		■
Randburg	• Netcare Olivedale Clinic		■
Randfontein	• Lenmed Health Randfontein Private Hospital	●	
	• Life Robinson Private Hospital	●	■
Roodepoort	• Cure Day Hospital Wilgeheuwel	●	■
	• Life Flora Hospital		■
	• Life Wilgeheuwel Hospital		■
	• Life Wilgeheuwel Day Clinic	●	■
	• Mayo Clinic	●	■
Soweto	• Apex Surgi Centre Soweto	●	■
	• Dr SK Matseke Private Hospital	●	■
Springs	• Life Springs Parkland Hospital	●	■
Tembisa	• Lenmed Zamokuhle Private Hospital	●	■
Vaal	• Clinix Private Hospital Sebokeng	●	■
	• Mediclinic Emfuleni	●	■
	• Ocumed	●	■
Vanderbijlpark	• Cormed Clinic		■
Vereeniging	• Mediclinic Vereeniging		■
	• Midvaal Private Hospital	●	■
	• Visiclin Eye Clinic	●	■
Vosloorus	• Clinix Botshelong Empilweni Clinic	●	■
Westgate	• Medgate Day Clinic	●	■

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KWAZULU-NATAL			
Amanzimtoti	• Netcare Kingsway Hospital	●	■
Ballito	• Netcare Alberlito Hospital		■
	• Ribumed Ballito Day Hospital	●	■
Berea	• JMH Morningside Day Hospital	●	■
Chatsworth	• Life Chatsmed Garden Hospital	●	■
Durban	• Ahmed Al-Kadi Private Hospital		■
	• City Hospital	●	■
	• Durban Eye Hospital	●	■
	• Durdoc Clinic	●	
	• Lenmed Ethekewini Hospital and Heart Centre		■
	• Hillcrest Private Hospital		■
	• Life Entabeni Hospital	●	■
	• Life Westville Hospital		■
	• Lorne Street Anaesthetic Clinic		■
	• Lenmed Nu-shifa Hospital		■
	• Netcare Parklands Hospital		■
	• Netcare St Augustine's Hospital		■
• Westridge Surgical Day Clinic	●	■	
Empangeni	• Life Empangeni Private Hospital	●	■
Howick	• Howick Day Clinic	●	■
	• Lenmed Howick Private Hospital		■
Isipingo	• Isipingo Clinic	●	■
Kokstad	• Netcare Kokstad Private Hospital	●	■
Ladysmith	• Ladysmith Day Hospital	●	■
	• Lenmed La Verna Hospital	●	■
Margate	• Netcare Margate Private Hospital		■
	• Shelly Beach Day Hospital	●	■
Newcastle	• Mediclinic Newcastle	●	■
	• Mediclinic Newcastle Day Hospital	●	■
Pinetown	• Life The Crompton Hospital	●	■
	• Pinetown Medicross Theatre	●	■

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KWAZULU-NATAL			
Pietermaritzburg	• Eden Gardens Private Hospital		■
	• Life Hilton Private Hospital		■
	• Mediclinic Pietermaritzburg		■
	• Midlands Medical Centre		■
	• Pietermaritzburg Eye Hospital	●	■
	• Netcare St Anne's Hospital	●	■
Phoenix	• Life Mount Edgecombe Hospital	●	■
Port Shepstone	• Hibiscus Private Hospital	●	
	• Hibiscus Day Surgical Hospital	●	■
Richards' Bay	• Medicross Richard's Bay Day Theatre	●	■
	• Melomed Richard's Bay	●	
	• Richards Bay Medicross Day Theatre	●	■
	• Netcare The Bay Hospital	●	■
Tongaat	• Mediclinic Victoria	●	■
Umhlanga	• Gateway Private Hospital		■
	• KZN Day Clinic	●	■
	• Medstone Medical Centre T/A Umhlanga Eye Institute	●	■
	• Netcare Umhlanga Hospital		■
Vryheid	• Abaqulusi Private Hospital		■
LIMPOPO			
Bela Bela	• St Vincent's Hospital	●	■
Lephalale	• Mediclinic Lephalale	●	■
Louis Trichardt	• Zoutpansberg Private Hospital	●	■
Polokwane	• Mediclinic Limpopo Day Clinic	●	■
	• Netcare Pholoso Hospital		■
Thabazimbi	• Mediclinic Thabazimbi	●	■
Tzaneen	• Mediclinic Tzaneen	●	■
MPUMALANGA			
Barberton	• RH Phodclinic	●	
Emalaheni	• Advanced De La Vie Day Hospital	●	■

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MPUMALANGA			
Emalaheni	• Emalaheni Day Hospital	●	■
	• Highveld Eye	●	■
	• Life Cosmos Hospital	●	■
Ermelo	• Mediclinic Ermelo	●	■
Middelburg	• Life Midmed Private Hospital	●	■
Nelspruit	• Lowveld Hospital	●	■
	• Mediclinic Nelspruit	●	■
	• Mediclinic Nelspruit Day Clinic	●	■
	• Surgiclinic		■
	• Kiaat Private Hospital		■
Piet Retief	• RH Piet Retief Private Hospital	●	
Trichardt	• Mediclinic Highveld	●	■
NORTH WEST			
Brits	• Mediclinic Brits	●	■
Carltonville	• The Fountain Private Hospital	●	■
Klerksdorp	• Life Anncron Hospital	●	■
	• Daleside Day Hospital	●	■
	• Wilmed Park Private Hospital		■
Mafikeng	• Victoria Private Hospital (Mafikeng)	●	■
Potchefstroom	• Mediclinic Potchefstroom	●	■
	• Mooimed Private Hospital	●	■
	• Potchefstroom Medical & Dental Centre	●	■
Rustenburg	• Life Peglerae Hospital	●	■
	• Rustenburg Medi-Care Centre		■
	• Rustenburg Private Eye Clinic	●	■
Vryburg	• Vryburg Private Hospital	●	■
NORTHERN CAPE			
Hartswater	• Jane Keyser Clinic		■
	• Medi – Harts Day Clinic	●	■
Kathu	• Lenmed Health Kathu Private Hospital	●	■
Kimberley	• Mediclinic Kimberley	●	■
	• Narko Clinic	●	■

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NORTHERN CAPE			
Lime Acres	<ul style="list-style-type: none"> Finsch Mine Hospital 	●	
Upington	<ul style="list-style-type: none"> Kalahari Day Theatre Cataract and Eye Centre 	●	■
	<ul style="list-style-type: none"> Mediclinic Upington 	●	■
WESTERN CAPE			
Atlantis	<ul style="list-style-type: none"> Wesfleur Private Clinic 	●	■
Bellville	<ul style="list-style-type: none"> Bellville Medical Centre 	●	■
	<ul style="list-style-type: none"> Khangella Eye Theatre 	●	■
	<ul style="list-style-type: none"> Mediclinic Louis Leipoldt 	●	■
Cape Town	<ul style="list-style-type: none"> Alchimia Clinic 	●	■
	<ul style="list-style-type: none"> Drs Aevitas Clinic PTY LTD 		■
	<ul style="list-style-type: none"> Busamed Paardevlei Private Hospital (Rf) (Pty) Ltd 		■
	<ul style="list-style-type: none"> Cape Dental Theatres 		■
	<ul style="list-style-type: none"> Cape Eye Hospital 	●	■
	<ul style="list-style-type: none"> Christiaan Barnard Memorial Hospital 	●	■
	<ul style="list-style-type: none"> Gatesville Medical Centre 	●	
	<ul style="list-style-type: none"> Life Kingsbury Hospital 		■
	<ul style="list-style-type: none"> Life Vincent Pallotti Hospital 		■
	<ul style="list-style-type: none"> Mediclinic Cape Gate Day Clinic 	●	■
	<ul style="list-style-type: none"> Mediclinic Cape Town 		■
	<ul style="list-style-type: none"> Mediclinic Constantiaberg 		■
	<ul style="list-style-type: none"> Medicross Foreshore Day Hospital 	●	■
	<ul style="list-style-type: none"> Mediclinic Panorama 		■
	<ul style="list-style-type: none"> Mediclinic Strand 		■
	<ul style="list-style-type: none"> Melomed Tokai 	●	■
	<ul style="list-style-type: none"> Netcare N1 City Hospital 		■
	<ul style="list-style-type: none"> Netcare Blaauwberg Hospital 		■
	<ul style="list-style-type: none"> New Era Health Day Clinic 	●	■
	<ul style="list-style-type: none"> Parow Medical and Dental Centre 	●	■
<ul style="list-style-type: none"> Peninsula Eye Hospital 		■	
<ul style="list-style-type: none"> Netcare UCT Medical Centre (Pty) Ltd 	●	■	
<ul style="list-style-type: none"> Tokai Medical and Dental Centre 	●	■	
<ul style="list-style-type: none"> The Cosmetic Surgery Institute 	●	■	
<ul style="list-style-type: none"> The Link Day Surgery Clinic 		■	

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WESTERN CAPE			
Constantia	• Driftwood Clinic	●	■
Durbanville	• Advanced Durbanville Surgical Centre	●	■
	• Mediclinic Durbanville Day Clinic	●	■
	• The Surgical Institute	●	■
George	• George Surgical Centre	●	■
	• Mediclinic Geneva	●	■
	• Mediclinic George	●	■
Goodwood	• Monte Vista Clinic	●	■
Hermanus	• Hermanus Medical Care T/A (Pty) Ltd Hermanus Day Hospital	●	■
	• Mediclinic Hermanus	●	■
Khayelitsha	• Thembani Theatres	●	■
Knysna	• Advanced Knysna Surgical Centre	●	■
	• Life Knysna Private Hospital		■
Kraaifontein	• Kraaifontein Medical and Dental Centre	●	■
Kuilsriver	• Netcare Kuilsriver Private Hospital	●	■
Milnerton	• Intercare Day Hospital Century City	●	■
	• Mediclinic Milnerton	●	■
Mitchells Plain	• Mitchells Plain Medical Centre	●	
Mossel Bay	• Life Bay View Hospital	●	■
	• Vidamed Bay Hospital	●	■
Newlands	• Life Sport Science Orthopaedic Surgical Day Centre	●	■
Oudtshoorn	• Cango Medicentre	●	■
	• Mediclinic Klein Karoo	●	■
Paarl	• Cure Day Clinics – St Stephens Paarl	●	■
	• Mediclinic Paarl	●	■
Parow	• Advanced Panorama Surgical Centre	●	■
	• Cure Day Clinics – Bellville	●	■
	• Panorama Laser Clinic	●	■

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● Applicable to LA Keyplus Benefit Option

■ Applicable to LA Focus, LA Active, LA Core and LA Comprehensive Benefit Options

WESTERN CAPE			
PLETTENBERG BAY	<ul style="list-style-type: none"> • Mediclinic Plettenberg Bay 		■
ROBERTSON	<ul style="list-style-type: none"> • Carewell Robertson Day Hospital 	●	■
SIMON'S TOWN	<ul style="list-style-type: none"> • Advanced Harbour Bay Surgical Centre 	●	■
SOMERSET WEST	<ul style="list-style-type: none"> • Cure Day Clinic - Somerset West 	●	■
	<ul style="list-style-type: none"> • Mediclinic Vergelegen 		■
	<ul style="list-style-type: none"> • Somerset Aesthetic Clinic 	●	■
	<ul style="list-style-type: none"> • Summerhill Surgical Centre 	●	■
SOUTHERN SUBURBS	<ul style="list-style-type: none"> • John Hill Eye Laser Centre 	●	
	<ul style="list-style-type: none"> • Life Sport Science Orthopaedic Surgical Day Centre 	●	■
	<ul style="list-style-type: none"> • Rondebosch Medical Centre 	●	■
STELLENBOSCH	<ul style="list-style-type: none"> • Mediclinic Stellenbosch Day Clinic 		■
	<ul style="list-style-type: none"> • Mediclinic Winelands Day Clinic 		■
	<ul style="list-style-type: none"> • Wijnland Fertility Clinic 		■
VREDENBURG	<ul style="list-style-type: none"> • Life West Coast Private Hospital 	●	■
WORCESTER	<ul style="list-style-type: none"> • Advanced Worcester Surgical Centre 	●	■
	<ul style="list-style-type: none"> • Mediclinic Worcester 	●	■
MASERU	<ul style="list-style-type: none"> • Willies Hospital 	●	
	<ul style="list-style-type: none"> • Maseru Private Hospital 		■

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● LA Keyplus ● LA Focus ● LA Active ● LA Core ● LA Comprehensive

VIEW OTHER NETWORK PROVIDERS USING FIND A HEALTHCARE PROVIDER ON THE DISCOVERY APP



Doctor Networks



Major joints networks



Medicine Networks

CONTACT US

The following channels are available for your queries or complaints and we encourage you to follow the process:

1

TO TAKE YOUR QUERY FURTHER

If you have already contacted the LA Health Medical Scheme call centre on 0860 103 933 or emailed service@discovery.co.za with your query and feel that it has still not been resolved, you may contact the Principal Officer of the scheme.

2

TO LODGE A DISPUTE

If you have received a final decision from LA Health Medical Scheme and want to challenge it, you may lodge a formal dispute. You can find more information about the Scheme's dispute process on the website.

3

TO CONTACT THE COUNCIL FOR MEDICAL SCHEMES

LA Health is regulated by the Council for Medical Schemes. You may contact the Council at any stage of the complaints process, but we encourage you to first follow the first three steps to resolve your complaint before contacting the Council. Contact details for the Council for Medical Schemes: Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion 0157 | complaints@medicalschemes.co.za | 0861 123 267 | www.medicalschemes.co.za

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● Client Services 0860 103 933 ● Fax 011 539 7276 ● www.lahealth.co.za
● service@discovery.co.za ● Report fraud anonymously 0800 004 500



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