



Gold Ascend



Gold Ascend EDO

2023 SALGA 40%



View full benefit detail protocols, authorisation requirements and sub-limits at www.sizwehosmed.co.za

(IN) HOSPITAL BENEFITS

Hospital and related

- No overall annual limit
- Private hospitals
- Specialist cover at 100% medical aid rate
- To-take-out medication (TTO) 7 days
- Maternity cover at 100% of medical aid rate
- Prosthesis R29 565 per family
- Oncology unlimited for PMB and 80% scheme rate cover above R218 400 PBPA for non-PMB
- Psychiatric treatment, 21 in-patient days, PBPA
- Specialised radiology R22 654 per family combined limit
- Home Based Care R5 505 per family
- Ambulance Services –Europe Assist (0860 11 77 99)

EFFICIENCY DISCOUNTED OPTION (EDO)

Choose the EDO plan and enjoy the same rich benefits within a network of private hospitals.

Auxiliary Services Benefit

- Family limit R1 976

Wheelchair & Hearing Aid benefit

- Wheelchair R2 275 per family
- Hearing Aids R9 091 per family

(OUT) HOSPITAL BENEFITS

Day to day benefit for - GP & Specialist visits (Excl. Psychiatrists), Acute Medication, Physiotherapy, Radiology, Pathology

- Benefits ranging from R6 884 to R18 814 based on family size
- Free choice of service provider

Dental care

- Benefit cover for conservative dentistry per beneficiary
- 2 consultations per beneficiary
- Oral Hygiene
- Extractions
- Fillings
- Intra and extra oral X-rays
- Root Canal treatment
- Plastic Dentures: 1 set, full or partial in 4 year period

Optical

- 24 month treatment cycle.
- 1 Eye test per beneficiary
- Frames R660 per beneficiary
- Lenses R212 single vision and up to R460 per lens for bifocal & multifocal
- Or choose Contact lenses up to R1 456

Maternity benefits : Register on the Bambino maternity program

- 9 midwife, GP or Specialist antenatal visits
- Specified maternity blood tests covered
- Vitamins R120
- 2 x 2D Scans

Chiropractor Benefit

- R1 219 per beneficiary per annum

Mental health Benefit - Psychiatrists and Clinical Psychologist

- R6 276 per family

Appliances Benefit (includes nebulizer, C-Pap machine)

- R1 976 per family

PAY AT CHILD RATE UP TO THE AGE OF 26 YEARS
PAY FOR A MAXIMUM OF 3 CHILDREN (4TH OR MORE ARE FREE)



Gold Ascend



Gold Ascend EDO

CHRONIC BENEFITS

Cover for 26 chronic conditions, subject to registration and approval.
Covered: Medication, Bloods and GP

- Addison's disease
- Asthma
- Bipolar Mood Disorder
- Bronchiectasis
- Cardiac failure
- Cardiomyopathy
- Chronic obstructive pulmonary disease
- Chronic renal disease
- Coronary artery disease
- Crohn's disease
- Diabetes insipidus
- Diabetes mellitus types 1 & 2
- Dysrhythmias
- Epilepsy
- Glaucoma
- Haemophilia
- HIV/AIDS
- Hyperlipidaemia
- Hypertension
- Hypothyroidism
- Multiple sclerosis
- Parkinson's disease
- Rheumatoid arthritis
- Schizophrenia
- Systemic Lupus Erythematosus
- Ulcerative colitis

PREVENTATIVE CARE BENEFITS

This is a benefit to encourage health awareness.

Wellness Consultation

- Up to R1 219 per family

Preventative Care tests and screening R2 449 per family

- 1 Pap smear for females over 21 years of age (24 month benefit)
- 1 Mammogram for females over 40 years of age (24 month benefit)
- 1 PSA for males over 40 years of age
- Blood sugar, Cholesterol, Blood pressure, Body Mass Index, HIV

Vaccinations Benefit

- Covid-19 vaccination per beneficiary
- Flu vaccination
- HPV vaccination
- Pneumococcal vaccine
- Childhood immunisations from birth to 6 years of age

Female contraceptives R3 172 per family

Subject to CMS approval



Contributions	Principal	Adult	Child
Gold Ascend	R1 200	R1 152	R330
EDO	R1 140	R1 094	R314